

**CURRICULUM VITAE**  
**Scott Thomas Thellman, M.D.**

Lawrence Plastic Surgery, P.A.  
1112 West 6<sup>th</sup> Street, Suite 210  
Lawrence, KS 66044  
Office 785-843-7677

**Undergraduate Education:**

Bachelor of Arts in Zoology, Ottawa University, graduated summa cum laude, 1981.

**Medical Education:**

The University of Kansas School of Medicine, 1982-1984

The Johns Hopkins University School of Medicine, 1984-1986

Honors

Dean's List

National Dean's List

Activities

Student Senate representative to Education Committee

AMA-MSS national convention delegate

Honor Code Committee

Pithotomy Club

**Graduation:**

May 13, 1986, M.D. from the Johns Hopkins University School of Medicine, Baltimore

**Residency:**

1986-1989: Resident in General Surgery, Vanderbilt University  
Department of Surgery, Dr. John L. Sawyers, Chairman

1989-1990: Burn Fellow, Vanderbilt University Hospital Burn Center  
Dr. J.B. Lynch, Director

1990-1992: Resident in General Surgery, Vanderbilt University Department  
of Surgery. Chief Resident 1991-1992.

1992-1994: Resident in Plastic Surgery, Vanderbilt University  
Department of Plastic Surgery, Dr J.B. Lynch, Chairman  
Chief Resident 1993-1994.

**Certification/Licensure**

Board Certified, American Board of Plastic Surgery- 1996- present  
Recertified in 2006, Recertified in 2015

Board Certified, American Board of Surgery- 1994-2004

Diplomate, National Board of Medical Examiners

Kansas Medical License #04-25277

Principal Investigator, Mentor Adjunct Study for Silicone Gel Implants- 1999-2012

Principal Investigator, Mentor Core Study for Silicone Gel Implants- 2003-2005

**Memberships/Committees:**

Member, American Society of Plastic Surgeons

H. William Scott Society

J.B. Lynch Society

American Medical Association  
Kansas Medical Society  
Douglas County Medical Society  
Lawrence Memorial Hospital Endowment Association Board 2003-2009  
Lawrence Surgery Center – Board of Managers  
Lawrence Surgery Center- Clinical Review Committee  
Surgery Liaison Committee - Blue Cross Blue Shield of Kansas  
Board of Trustees, Ottawa University  
Lawrence Memorial Hospital Board of Trustees- Physician Advisor Member  
Ballard Center Board Member  
Plastic Surgery Peer reviewer, Kansas Foundation for Medical Care

### **Privileges**

Active Staff, Lawrence Memorial Hospital, Lawrence, Kansas- 1994-present  
Chief of Surgery, 1999-2001.  
Active Staff, Lawrence Surgery Center, Lawrence, Kansas. Founding member and currently serving in 20th year on Board of Managers.

### **Practice history:**

1994-Present: Lawrence Plastic Surgery, P.A.  
Founded the practice in 1994 as the first plastic surgery practice at a community hospital that serves a population of approximately 100,000. During that time we have built a strong presence in the region and have now served over 23,000 patients from 35 states and 7 countries.

Although our initial training was broadly based, we have come to focus our practice in the following areas that best fit the needs of our community and our interests:

#### **Breast Surgery**

- Introduced breast reconstruction into the community and worked closely with general surgeons to develop and refine techniques in immediate reconstruction following skin/areolar/nipple sparing mastectomies, oncologic surgery, autologous tissue reconstruction utilizing TRAM and latissimus dorsi flaps, tissue expander/implant reconstruction, utilization of acellular dermal matrices, autologous fat grafting, and other techniques.
- Headed the effort to develop a Breast Center at Lawrence Memorial Hospital to coordinate the efforts of General Surgery, Plastic Surgery, Oncology, Radiation Oncology, Pathology, Radiology, genetic counseling and other services to provide better structure to the treatment of breast cancer patients.
- Worked with insurance companies to obtain reimbursement for the use of acellular dermal matrix products in breast reconstruction when this was considered an experimental technique and routinely being denied coverage. It is now considered a standard option in treatment.
- Performed outreach in communities outside of the Lawrence area to educate providers and the public on breast reconstruction and breast surgery. This resulted in a significant referral base primarily in the northeast Kansas region (Topeka, Junction City, Manhattan, Emporia) as well as from areas in the western and southern parts of the state.

- Introduced breast reduction surgery to Lawrence and have become regionally recognized for expertise in this procedure.
- Developed a strong practice in cosmetic breast surgery, complimenting our work in reconstructive surgery.
- Currently serve as the sole plastic surgeon on the Surgery Liaison Committee of Blue Cross/Blue Shield of Kansas to provide input and help develop medical coverage policies related to reconstructive breast surgery.

### **Body Contouring**

- Introduced the techniques and procedures of abdominoplasty, panniculectomy, liposuction, brachioplasty, body lifting, surgery after massive weight loss, and drainless abdominoplasty and other procedures to the local hospital and community. We are now regionally recognized for excellence in the region for these procedures and draw both cosmetic and reconstructive patients from a broad area.
- We have focused on safety with these procedures and have given several presentations at national meetings on this topic at national meetings, particularly on the avoidance of DVT/PE.

### **Facial Surgery**

- Developed a strong practice in both cosmetic and reconstructive facial surgery. We have become regionally recognized for our expertise in facelifts, necklifts, limited incisions facelifts, blepharoplasty, and other cosmetic facial procedures.
- Presented at national conferences describing our procedures in necklifting when this was an emerging technique in 2005.
- Have performed a wide range of facial reconstructive procedures including traumatic repair, scar revision, tumor removal, and functional eyelid surgery.
- Established a reputation among patients and providers for both functional and cosmetic blepharoplasty as well as other eyelid procedures.

### **Trauma**

- Since arriving in 1994 have assured that the Emergency Department at Lawrence Memorial Hospital was provided with continuous coverage by a plastic surgeon. This enabled the hospital and community to receive plastic surgical services in a timely fashion and avoid transfer to other facilities.
- Managed both the acute stages of treatment as well as long range complications of a wide range of injuries.

### **Skin Care and Skin Cancer**

- Developed a strong reputation in the Lawrence and Topeka area among dermatologists and primary care physicians for the treatment of skin conditions such as complex skin cancers, scars, closure following Mohs' procedures, melanoma treatment, and other conditions.
- Recognizing the role of non-surgical treatment in aesthetic plastic surgery we hired the first medical esthetician in the region in 1998 and continue to offer non-surgical options for cosmetic enhancement
- Introduced dermatologic laser treatment to the Lawrence/Topeka region, purchasing our first device in 1997.

**Practice locations:****Main office**

1112 West 6<sup>th</sup> Street, Suite 210  
Lawrence, KS 66044

**Satellite office**

5120 SW 28<sup>th</sup> St.  
Topeka, Kansas 66614

**Laboratory research experience:**

University of Kansas School of Medicine, Department of Anatomy  
Project: Development of bioassay technique for amphibian parathyroid hormone in conjunction with parathyroid abatement studies in Rana catesbeiana.

The Johns Hopkins University School of Medicine, Department of Anesthesiology and Critical Care Medicine.

Project: Studies of regional blood flow and catecholamine level changes in response to adrenal stimulation utilizing radiolabeled microsphere techniques.

**Publications/Presentations:**

Breslow MJ, Jordan DA, Thellman ST, Traystman RJ. Neural control of adrenal medullary and cortical blood flow during hemorrhage. *Am J Physiol* 1987; 252(3 Pt 2):H521-8.

Initial management of the burned patient: The first 24 hours. Beyond 24 hours: strategies for management. Operative management. Chapters in The Vanderbilt Burn Care and Education Manual, 1990.

"Prophylactic Lymph Node Dissection For Cutaneous Melanoma: Report of a 30 Year Experience", Thellman ST, Reynolds VH, DeLozier JB, Shack RB, Lynch JB; Presentation at the Tennessee Medical Association, May 1993.

"Heterogeneous Survival Rates for Isolated Skeletal Metastases from Melanoma", DeBoer DK, Schwartz HS, Thellman ST, Reynolds VH; *Clin Orthop* 1996 Feb; 323:277-283.

"Is Aggressive Surgical Therapy Justified in the Treatment of Acral Lentiginous Melanoma?", Thellman ST, Reynolds VH, Shack RB, Lynch JB; Presentation at the annual meeting of the Southeastern Society of Plastic and Reconstructive Surgeons, June 1993.

"Management of Acral Lentiginous Melanoma", Thellman ST, Reynolds VH, Shack RB, Lynch JB; Presentation at H. William Scott Society annual meeting, April 1994

"Principals of Soft Tissue Reconstruction", presented December 8, 1994, Lawrence Memorial Hospital CME program.

"Evolving Concepts in Burn Wound Care", presented September 1995, Lawrence Memorial Hospital annual Rehabilitation Therapy conference.

“Techniques of Breast Reconstruction”, presented October 1995, Lawrence Memorial Hospital, meeting of regional chapter of AORN.

“Options in Breast Reconstruction”, presented September 1998, Lawrence, Kansas at the Douglas County Breast Cancer Action Group meeting.

“Breast Reduction Surgery”, presented October 1998, Lawrence Memorial Hospital, general public.

“Options in Breast Reconstruction Surgery”, presented February 8, 1999, to the Kansas State Nurse’s Association, Lawrence, KS.

“Reconstructive Surgery of the Breast”, presented to Washburn University School of Nursing, October 1999, Topeka, KS.

“Breast Reduction Surgery: Why and How”, presented April 27, 2000, Lawrence Memorial Hospital CME Program.

“Breast Reduction Surgery”, public education seminar presented with John W. Keller, M.D. in October 2001, Lawrence Surgery Center, Lawrence, Kansas.

“Breast Reduction Surgery” public education seminar presented with John W. Keller, M.D., November 2001, WaKeeney, Kansas.

“Breast Reduction Surgery” public education seminar presented with John W. Keller, M.D., November 2001, Hays, Kansas.

“Body Contouring” public education seminar presented with John W. Keller, M.D., November 2001, Lawrence Surgery Center.

“Breast and Body Contouring” public education seminar presented with John W. Keller, M.D., February 2002, Lawrence Surgery Center.

“Cosmetic & Reconstructive Breast Surgery” continuing education unit presented with John W. Keller, M.D., February 2002, Hays, Kansas.

“Cosmetic & Reconstructive Breast Surgery” continuing education unit presented with John W. Keller, M.D., February 2002, Lawrence Memorial Hospital, Lawrence, Kansas.

“Breast Reconstruction” seminar presented with John W. Keller, M.D. to Breast Cancer Support Group, March 2002, Presbyterian Manor, Lawrence, Kansas.

“Cosmetic & Reconstructive Procedures” presentation with John W. Keller, M.D. to the American Association of University Women’s Club, May 2002, Lawrence, Kansas.

“Breast Reduction” seminar presented with John W. Keller, M.D. to general public, June 2004, Topeka, Kansas.

“Breast Reduction: A New Technique” presentation with John W. Keller, M.D. to the American College of Surgeons, September 2003, Kansas City, Kansas.

“Immediate Breast Reconstruction: Lessons Learned” presentation with John W. Keller, M.D. to the Kansas Chapter of the American College of Surgeons, September 2004, Wichita, Kansas.

“Plastic Surgery and the Massive Weight Loss Patient” presentation with John W. Keller, M.D. to the Kansas Chapter of the American College of Surgeons, September 2004, Wichita, Kansas.

“My Face is Okay, But My Neck Looks Like Grandma!” presentation to the American Society Plastic Surgical Nurses 31<sup>st</sup> Annual Convention, September 2005, Chicago, IL.

“Skin Sparing Mastectomy and Immediate Reconstruction: Minimizing Wound Healing Complications” presentation with John W. Keller, M.D. to the American Society Plastic Surgical Nurses 32<sup>nd</sup> Annual Convention, October 2006, San Francisco, CA.

“DVT with Pulmonary Embolism: A Patient and Surgeon’s Experience” presentation with Karen Harman-McGowan, RN, CPSN to the American Society Plastic Surgical Nurses 32<sup>nd</sup> Annual Convention, October 2006, San Francisco, CA.

“DVT with Pulmonary Embolism: A Patient and Surgeon’s Experience” presentation with Karen Harman-McGowan, RN, CPSN to the American Society Plastic Surgical Nurses 33<sup>rd</sup> Annual Convention, October 2007, Baltimore, MD.

“DVT with Pulmonary Embolism: A patient and Surgeon’s Experience” , presentation to AORN chapter meeting, February, 2008, Lawrence, KS

“Breast Reconstruction”, presentation to attendees at the Breast Cancer Symposium, October, 2010, Topeka, Kansas

“Breast Reconstruction: What’s Old, What’s New, Where We’re Going”, presentation to Oncology Nurses Society, October, 2011, Lawrence, Kansas

“Breast Reconstruction: What’s Old, What’s New, Where We’re Going”, presentation to professional coder and biller symposium, October, 2011, Topeka, Kansas.

“Aesthetic Skin Care”, public presentation with Cheri Thompson, CRNA, and Patty Rymer, LC, March 2014, Topeka, Kansas

“Breast Reconstruction: What’s New and Where We’re Going”, public presentation at Lawrence Memorial Hospital, April, 2014, Lawrence, Kansas

“Plastic Surgery of the Breast: What You Need to Know”, presentation to the Kansas Association of Physician Assistants, October, 2014, Wichita, Kansas

“Mammary Hypertrophy and Gynecomastia: Recognizing the Problems of Excess”, presentation to the Kansas Association of Physician Assistants, October, 2015, Wichita, Kansas

“Melanoma: What You Need to Know in the Primary Care Setting”, presentation to the Kansas Association of Physician Assistants, April 2018, Overland Park, Kansas

“The ASC Investment: How to Build a Legacy and Manage Multiple Generations of Owners”, Speaker and Panelist, Becker’s ASC Conference, October 2022, Chicago, Illinois

**Personal**

Married to Nancy Thellman, RN, M. Div., Douglas County Commissioner (ret.)

Three children- Scotty, age 32, Katy, age 30, Connor, age 28

Live on a small farm outside of Lawrence, Juniper Hill Farms, specializing in organic and conventional produce, and home to Juniper Hill Farm and Table, an agritourism dining establishment and event venue

Hobbies- Skiing, scuba diving, and working at the farm on weekends.